

Craig Gaspard has been a licensed therapist since 1993. He earned a BSW from the University of Southern Maine in 1989 and an MSW from Washington University in 1991. He also achieved an MPA from the University of Rhode Island in 2006 and completed the Roger William Law School Family Mediation Training in 2010.

For over two decades, Craig has worked in a variety of settings including hospital, outpatient community mental health, Newport Mental Health (formerly NCCMH), Newport Hospital, Highpoint Treatment Center, and the BOLD Coalition. More recently, he has been employed as a Mobile Clinician, performing clinical assessments in hospital, office and home-based settings at Bay Cove Human Services, and as a Social Worker for The Narragansett Indian Health Clinic.

Craig has extensive experience working with adolescents and adults with a variety of psychological disorders and specializes in assessing and counseling individuals diagnosed with substance abuse, personality disorders, PTSD, trauma, anxiety/depression, and many other mental health issues.

Craig employs a variety of treatment approaches including cognitive behavioral therapy, Dialectical Behavioral therapy, and behavioral therapy approaches. Further, he obtained a certificate in Motivational Interviewing by MINT Trainer in 2013, completed the initial M. Linehan Institute DBT training, and is a FEMA-trained member of ESF #8 Behavioral Health Disaster Response Team.