



Terry Gaspard has been a licensed therapist since 1996. She earned a BA in psychology from the College of Santa Fe in 1979 and an MSW from Rhode Island College in 1995. She is the author of two books, contributes articles to several websites, and presents her research at conferences and workshops.

Terry has worked in a variety of settings and her specialty areas include child and adolescent therapy, marriage/couples counseling, and working with individuals dealing with divorce and grief issues. She also has extensive experience working with children who have been diagnosed with Autism Spectrum Disorder, Attention-Deficit/Hyperactivity Disorder, and children and adults with anxiety/depression.

For the last two decades, Terry has worked as a school social worker in both Rhode Island and Massachusetts and she completed her clinical internships at Bradley Hospital and Charlton Memorial Hospital in Fall River. She has been an adjunct faculty member in psychology at Bristol Community College for 30 years. During the early stages of her career, Terry was a counselor at a few different settings, including an outpatient mental health clinic, a children's hospital, and two college counseling centers.

Terry employs a variety of treatment modalities including The Gottman Method of Couples Therapy, cognitive behavioral therapy, psychodynamic therapy, play therapy, and family therapy. She is a certified grief counselor and has a special interest in working with children of divorce, divorced adults, single parents, and remarried couples and stepfamilies.